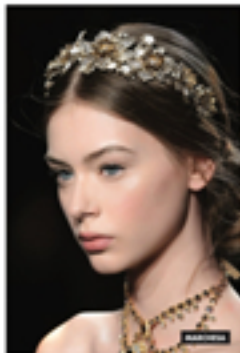


LISA RAY'S BEAUTY PICKS, PLUS THE SEASON'S HOTTEST FRAGRANCES AND OTHER BEAUTY NEWS.



HAIR DO

It's time to toss out your single black hairband in favor of glam, historical hair jewelry. Eye-catching, elegant hair accessories were all the rage on the winter runways, and instantly transform the woman into even the most princess. For a regal, ethereal look, see the items like tiaras and crowns at Moncler. At Balmain, models sported a beautiful technique: take on this regal trend with nature-inspired head clips and bands. If statement pieces aren't your cup of tea, try the sophisticated yet understated jeweled hair clips at Jil Sander. While you're at it, keep traditional jewelry in a minimum and instead let these beautiful, embellished hair pieces take the spotlight.



HOW TO GET IT GLOWING SKIN

Gorgeous, glowing skin is always a hot winter runway trend, yet it's particularly hard to achieve during the cold, dry months. The key, says Grace Lee, lead makeup artist for Maybelline New York Canada, is to "moisturize, moisturize, moisturize."

Lee also recommends sticking with cream-based products. "My go-to is Maybelline New York Face Studio Moisturizing Stick, as it gives that perfect amount of shine and dimension. You can apply it directly on the skin or use your fingers or a brush," she says. Moisturizers and nourishing oils can also help moisturize the skin. Lee recommends applying La Roche-Posay Thermal Spring Water to the face before putting on your moisturizer, for an extra boost of hydration. And if you're going out on the town, moisturize your nighttime glow by highlighting. According to Lee, Maybelline's DreamStick can be layered with the highlighter from the brand's powder-based Master Contour Palette. "If you want something a bit drier, I love applying Maybelline New York Baby Lips mixed in with my highlighter," she adds.

Although winter days are shorter and grayer, Lee still believes that your winter skincare routine is a must. To keep your skin healthy and protected, she also recommends SkinCeuticals C.E. Ferulic as a serum choice. Use a face mask, such as Garnier Skin Active Clearly Brighter 10-Minute Intensive Treatment Tissue Mask, to keep your skin looking beautiful. Glowing skin is a timeless beauty trait and these tips are sure to keep you shining all season long.

READ IT

eat beautiful

It's no secret that diet plays a huge role in the appearance of skin. But with the amount of contradictory information out there, it can be tricky to pin down the facts—and now, that is. Wendy Rowe is a makeup artist and beauty consultant with more than 20 years of experience in the industry. In her new book, *Eat Beautiful: Food and Recipes to Nurture Your Skin from the Inside Out*, Rowe lays out the basics of eating right for radiant skin, along with recipes for homemade masks. With a lesson like "Vitamin Richness and Care" (delving into things like protein, Rowe's advice is sure to be top-notch). *Eat Beautiful* is out December 31th.

TRY IT NOW

Lip Sheet Masks

If the top skincare trend of 2016 is to be judged by Instagram post-volume alone, the clear winner is the sheet mask. Offering targeted hydration and other benefits such as brightening and deep cleansing, this skincare fad was a terrific pairing with cold and frosty atmospheric shifts. Use the lip mask, following the promise of a clear mask, this product goes one step further than traditional lip balms by providing an intense burst of moisture for even the driest of lips. Now you can banish the harsh effects of winter by treating yourself to this latest skincare trend for soft, perfectly kissable lips.